

PANINI

Smoked Turkey & Cheddar Panini

Smoked Turkey, Cheddar, Baby Spinach, Tomato Chutney

\$5.49

calories

510

Chicken, Feta, & Spinach Panini

Grilled Chicken, Baby Spinach, Tomato, Red Onion, Feta-Garlic Spread

\$5.49

490

Grilled Vegetable Panini

Grilled Vegetables, Balsamic Vinaigrette, Hummus, Tomato, Mushrooms, Basil

\$5.49

370

Four Cheese Panini

Swiss Cheese, Cheddar, Asiago, Provolone, Sun-Dried Tomato Spread

\$5.49

730

SALAD

Garden Salad

Romaine, Tomatoes, Cucumbers, Red Onion

\$3.99

calories

30

Caesar Salad

Romaine, Seasoned Croutons, Shredded Parmesan, Caesar Dressing

\$3.99

250

Grilled Chicken Cobb Salad

Grilled Chicken, Bacon, Avocado, Egg, Blue Cheese, Herb Dressing

\$3.99

370

Specialty Salad

\$4.29

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

SANDWICH

		<u>calories</u>
Ham & Swiss Wrap Ham, Swiss Cheese, Arugula, Tomato, Apple Honey Mustard	\$5.49	550
Turkey, Avocado, & Smoked Gouda Ciabatta Smoked Turkey, Avocado, Smoked Gouda, Red Onion, Baby Spinach, Lemon-Pepper Mayo	\$5.49	650
Greek Veggie Ciabatta Hummus, Baby Spinach, Tomato, Cucumber, Feta, Green Olive Spread	\$5.49	430
Tuna Salad & Spinach Sandwich Creamy Tuna Salad, Baby Spinach, Tomato, Cucumber, Ranch Dressing	\$5.49	390
Create-Your-Own	\$6.99	

Base (choose 1):

- Smoked Turkey
- Grilled Chicken
- Grilled Vegetables
- Ham
- Tuna Salad

Cheese (choose 1):

- Cheddar
- Swiss
- Provolone
- Blue Cheese
- Smoked Gouda
- Feta

Toppings (choose 4):

- Arugula
- Baby Spinach
- Romaine
- Tomato
- Red Onion
- Mushroom
- Cucumber
- Bacon
- Avocado

Spreads (choose 1):

- Hummus
- Tomato Chutney
- Feta-Garlic Spread
- Sun-Dried Tomato Spread
- Apple Honey Mustard
- Lemon-Pepper Mayo
- Green Olive Spread

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