

BOWLS \$15.29 / MEAL EXCHANGE

BBQ SWEET POTATO BOWL

SEASONED RICE | CABBAGE | MAPLE SWEET POTATOES | SMASHED AVOCADO | BLACK BEANS | ROASTED VEGGIES | CILANTRO | ADOBO SAUCE
630 Calories



ELOTE SALAD

CORN FRITTERS | MIXED GREENS | CUCUMBERS | ROASTED TOMATOES | SMASHED AVOCADO | ADOBO RANCH DRESSING | 600 Calories



KETO BURRITO BOWL

CHOICE OF FILLING | CAULIFLOWER RICE | ROASTED MUSHROOMS | SMASHED AVOCADO | FETA CHEESE | CILANTRO | PICKLED JALAPENOS | CHIMICHURRI SAUCE | 570 - 730 Calories



SIDE PLANTAINS - \$6.29

SIDE BLACK BEANS - \$5.29

SIDE BLACK BEANS & RICE - \$5.29



VEGETARIAN



MADE WITHOUT GLUTEN



WRAPS \$14.69 / MEAL EXCHANGE

SEASONED RICE | CORN | CILANTRO | JALAPENO | TOMATILLO SAUCE 620 - 780 Calories

SELECT FILLING

PULLED CHICKEN

PULLED PORK

PULLED BEEF

GRILLED VEGETABLES

BUFFALO CAULIFLOWER

PORTOBELLO MUSHROOMS



Written information is available upon request.

2,000 calories a day is used for general nutrition advice, but calorie needs vary